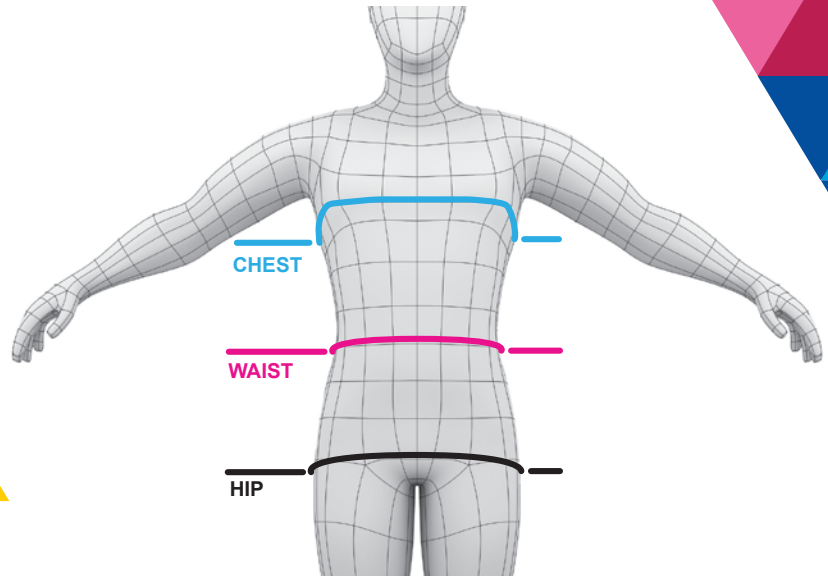


FOR  
AN  
INDIVIDUAL  
GARMENT FITTING  
GUIDELINE REFER TO  
PAGE 2



## Measurements

### CHEST

Measure with the tape positioned under your arms, the fullest part of your chest, the tape should sit across your shoulder blades. Ensure the tape is horizontal and taut.

### WAIST

The tape should be positioned just below your rib cage. Ensure the tape is horizontal and taut.

### HIP

With your feet locked together, wrap the tape around the fullest part of hip. Ensure the tape is horizontal and taut.

## UNISEX - MENS SIZING MEASUREMENTS

	SIZE	XXS	XS	S	M	L	XL	XXL	3XL
TO FIT	CHEST	80	85	90	95	100	105	110	115
	WAIST	70	75	80	85	90	95	100	105
	HIP	86	91	96	101	106	111	116	121

ALL MEASUREMENTS ARE IN CENTIMETRES

## WOMENS SIZING MEASUREMENTS

	SIZE	XXS	XS	S	M	L	XL	XXL	3XL
TO FIT		(6)	(8)	(10)	(12)	(14)	(16)	(18)	(20)
	CHEST	75	80	85	90	95	100	105	110
	WAIST	55	60	65	70	75	80	85	90
	HIP	80	85	90	95	100	105	110	115

ALL MEASUREMENTS ARE IN CENTIMETRES

The Ventou sizing chart is based on estimates only and should therefore serve as an indication/general sizing guide only.

Your exact size requirement may be subject to your individual body structure also.

Our custom garments are hand made and therefore are subject to an Australian Standards sizing tolerance.

If you are unsure of your individual size requirements or that of your ride group, please let us know and we'll send out a sizing set (for a period of 14 Days)

for the applicable garments in which you are ordering.

Cycle	Style No.	Relaxed Fit	Race Fit	General Garment Fitting Guideline
Classic Cycle Jersey Men's/Unisex	60261	✓		To be more generous in size, especially around the chest and arm area.
Classic Cycle Jersey Women's	60291	✓		To be more generous in size, especially around the chest and arm area.
Classic Cycle Short Men's/Unisex	6417	✓		To be worn tight against the skin.
Classic Cycle Short Women's	6416	✓		To be worn tight against the skin.
Classic Cycle Bib Men's/Unisex	64172	✓		To be worn tight against the skin.
Classic Cycle Bib Women's	64162	✓		To be worn tight against the skin.
Classic Cycle Thermal Bibs Long Men's/Unisex	6432	✓		To be worn tight against the skin.
Classic Cycle Vest Unisex	6024	✓		To be more generous in size, over the undergarment.
Pro Cycle Jersey Men's/Unisex	11215		✓	To be worn tight against the skin.
Pro Cycle Jersey Women's	11295		✓	To be worn tight against the skin.
Pro Cycle Bib Men's/Unisex	30061		✓	To be worn tight against the skin and have a compression feel. For a more relaxed fit upsize by 1 size.
Pro Cycle Bib Women's	30181		✓	To be worn tight against the skin and have a compression feel. For a more relaxed fit upsize by 1 size.
Pro Cycle Vest Men's/Unisex	1149		✓	To be worn tighter against the undergarment.
Pro Cycle Vest Women's	1150		✓	To be worn tighter against the undergarment.
Cycle L/S Shell Jacket	1094	✓		To be more generous in size, especially around the chest and arm area.
Cycle L/S Thermal Jersey	1020		✓	To be worn tighter against the undergarment.
Cycle L/S Thermal/Xtreme Front Jacket	10201		✓	To be worn tighter against the undergarment.
Cycle L/S Xtreme Jacket	1098		✓	To be worn tighter against the undergarment.
Skin Suit	4007		✓	To be worn tight against the skin, To be the same size choice as Pro Jersey/Bibs

Accessories	Style No.	Relaxed Fit	Race Fit	General Fitting Guideline
Arm Warmers - Roubaix thermal	5001	✓		To be worn tight against the skin.
Arm Warmers - Cotton Min 50 pairs	6801	✓		To be worn tight against the skin.
Knee Warmers - Roubaix thermal	5003	✓		To be worn tight against the skin.
Leg Warmers - Roubaix thermal	5002	✓		To be worn tight against the skin.
Booties	5026	✓		To be worn tight against the cycling shoe.
Musette Bag - cotton, 1 strap, screen print	-		n/a	n/a
Fingerless Gloves - Min 30 pairs	5011	✓		To be worn tight against the skin.
Protech Pouch	5009		n/a	n/a
Cycle Cap	5014		n/a	n/a
Cycle Sock - Min 50 pairs	5008	✓		To be worn tight against the skin.

Triathlon	Style No.	Relaxed Fit	Race Fit	General Fitting Guideline
Sprint Tri Suit One Piece Men's	40165		✓	To be worn tight against the skin. For a more relaxed fit upsize by 1 size.
Sprint Tri Suit One Piece Women's	40203		✓	To be worn tight against the skin. For a more relaxed fit upsize by 1 size.
Sprint Tri Singlet Men's	11141		✓	To be worn tight against the skin. For a more relaxed fit upsize by 1 size.
Sprint Tri Singlet Women's	11171		✓	To be worn tight against the skin. For a more relaxed fit upsize by 1 size.
Sprint Tri Short Men's	30043		✓	To be worn tight against the skin. For a more relaxed fit upsize by 1 size.
Sprint Tri Short Women's	30045		✓	To be worn tight against the skin. For a more relaxed fit upsize by 1 size.
Endurance Tri Suit One Piece Men's	4029		✓	To be worn tight against the skin. For a more relaxed fit upsize by 1 size.
Endurance Tri Suit One Piece Women's	4030		✓	To be worn tight against the skin. For a more relaxed fit upsize by 1 size.
Endurance Tri Singlet Men's	1114		✓	To be worn tight against the skin. For a more relaxed fit upsize by 1 size.
Endurance Tri Singlet Women's	1117		✓	To be worn tight against the skin. For a more relaxed fit upsize by 1 size.
Endurance Tri Short Men's	30044		✓	To be worn tight against the skin. For a more relaxed fit upsize by 1 size.
Endurance Tri Short Women's	30046		✓	To be worn tight against the skin. For a more relaxed fit upsize by 1 size.
Endurance Unisex Sleeveless	10821		✓	To be worn tight against the skin. For a more relaxed fit upsize by 1 size.

Run	Style No.	Relaxed Fit	Race Fit	General Fitting Guideline
Run S/S T-Shirt Women's	6073	✓		More generous in size, especially around the chest and arm area.
Run S/S T-Shirt Mens/Unisex	6109	✓		More generous in size, especially around the chest and arm area.
Run Singlet Women's	6143	✓		More generous in size, especially around the chest and arm area.
Run Singlet Mens/Unisex	6142	✓		More generous in size, especially around the chest and arm area.
Run Polo Shirt Women's	60391	✓		More generous in size, especially around the chest and arm area.
Run Polo Shirt Mens/Unisex	6045	✓		More generous in size, especially around the chest and arm area.

BMX - Mountain Bike - Casual Wear	Style No.	Relaxed Fit	Race Fit	General Fitting Guideline
MTB Short Sleeve Top	1133	✓		More generous in size, especially around the chest and arm area.
Downhill Jersey Long Sleeve	1080	✓		More generous in size, especially around the chest and arm area.
Casual Membrane Jacket - min 20 pieces	LNJK	✓		More generous in size, especially around the chest and arm area.

Tracksuits	Style No.	Relaxed Fit	Race Fit	General Fitting Guideline
Tracksuit Top (fully sublimated)	-	✓		More generous in size, especially around the chest and arm area.
Tracksuit Pants - fully sublimated	-	✓		More generous in size, especially around the leg area.

Swim	Style No.	Relaxed Fit	Race Fit	General Fitting Guideline
Swimsuit Female	4023		✓	To be worn tight against the skin.
Swimsuit Male	3058		✓	To be worn tight against the skin.
Sailing Vests	10221	✓		To be worn tight against the life jacket.