

2022 ENTRANT INFORMATION GUIDE



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DRIVING TO THE EVENT

MERCHANDISE

10KM COURSE PROFILE

21 KM COURSE PROFILE



MORNINGTON

THE TRUE TASTE OF THE PENINSULA



Visit the Brewery Bar at Mornington Peninsula Brewery,
72 Watt Road, Mornington. mpbrew.com.au



O1 Adventure, in conjunction with The Pig and Whistle Tavern, are proud to welcome you to SHARPY'S BEER RUN 2022. Trails, beautiful scenery, friends, energy, and movement is what trail running is all about and beer provides the ultimate reward for a perfect day in the hearts of many trail runners. The Mornington Peninsula offers world class scenery and trails and some of the finest ales to top it all off.

This Entrants Information Guide contains important details regarding the schedule, course, aid stations, car parking, etc. It is the entrants' responsibility to read this information prior to event day. Please check our website www.trailology.com.au for any further updates or changes.

We wish you a great run, and we look forward to cheering you on throughout the day.

Cheers,

Andy & The Beer Run Team

Andy Payne

Director | O1 Adventure

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W: www.trailology.com.au

[FOLLOW US ON FACEBOOK](#)



www.trailology.com.au



<https://www.facebook.com/sharpysbeerrun/>

Sharpy's Beer Run 2022

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Volunteer Co-ordinator

Nicole Vaughan

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REMINDER – Sharpy's Beer Run is strictly a NO CUP EVENT

Please make sure you bring your own cup / flask / hydration pack

NO CUPS





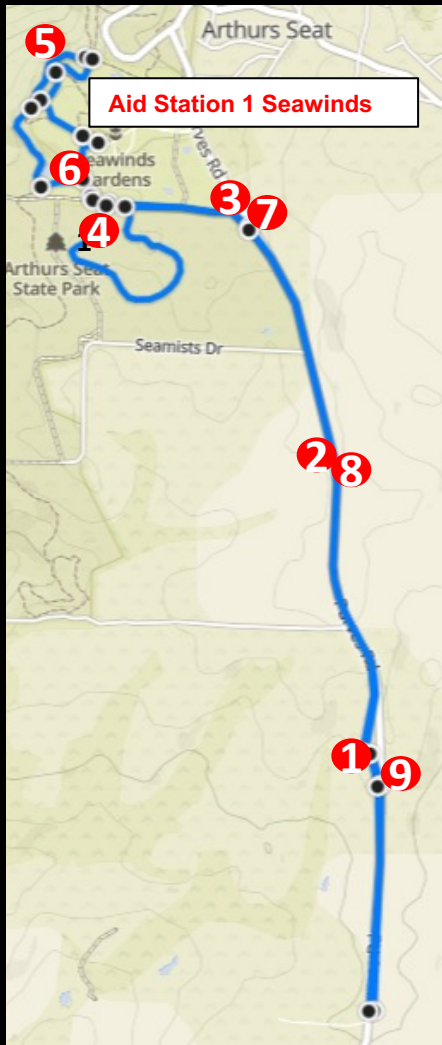
EVENT SCHEDULE

Race Bib Pick Up	9.00am
Bar Opens	10.00am
21km Race Briefing	10.20am
21km RACE START	10.30am
10km Race Briefing	10.50am
10km RACE START	11.00am
RACE CUT OFF	2.00pm
EVENT PRESENTATIONS	2.30pm
LIVE MUSIC – Eat, drink & relax!	12.00pm till 3.30pm

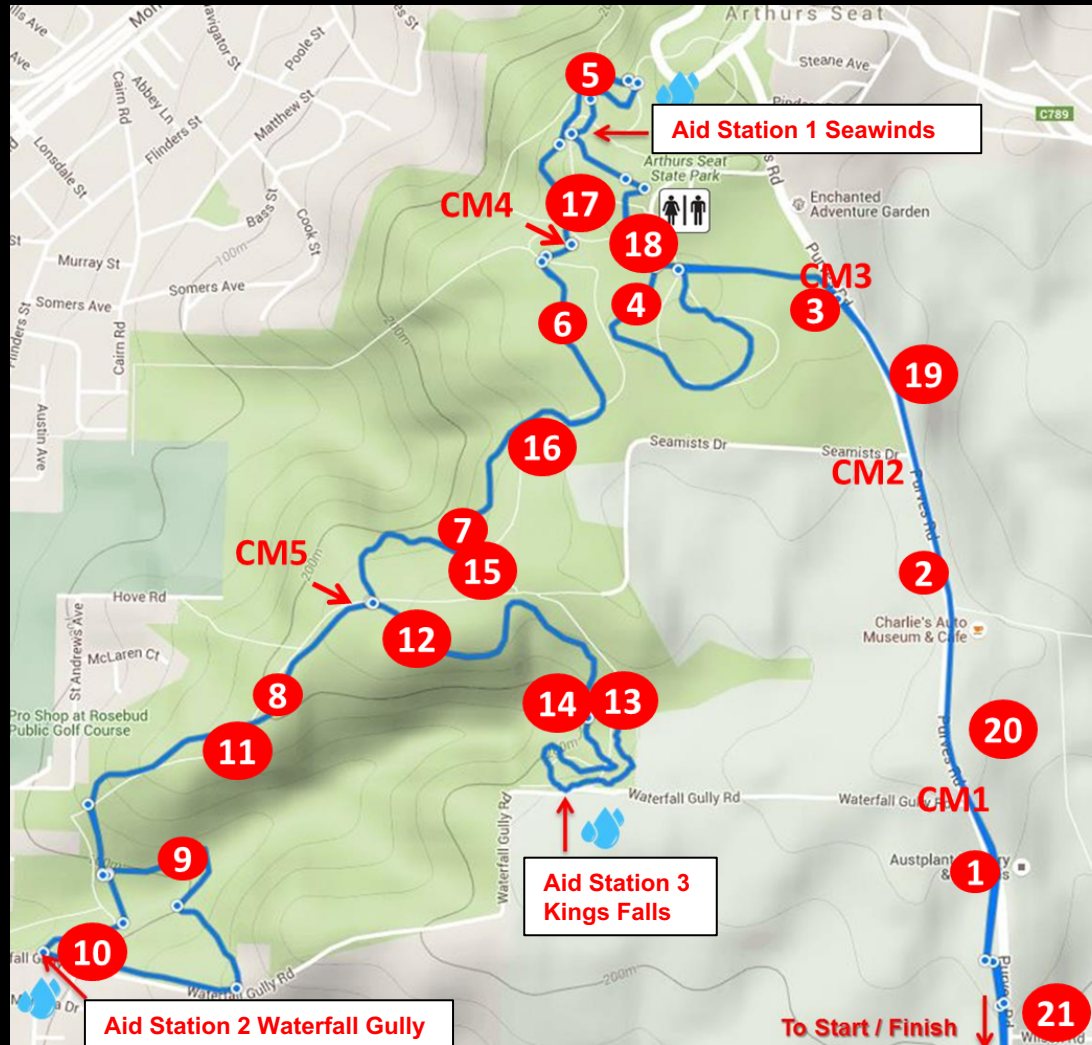




AID STATIONS



10KM COURSE



21KM COURSE

Entrants in the 10km course will turn around at Aid Station 1 – Seawinds

- AID STATION 1 – Seawinds (BEER, Water, V Fuel electrolytes, Lollies, Chips, Fruit)
- AID STATION 2 – Waterfall Gully Rd (BEER Water, V Fuel electrolytes, Lollies, Chips, Fruit,)
- AID STATION 3 – Kings Falls (BEER Water, V Fuel electrolytes, Lollies, Chips, Fruit)
- AID STATION 4 – Finish Line (BEER Water, V Fuel electrolytes, Lollies, Chips, Fruit)



RACE BIB COLLECTION

Race Bibs must be collected from the start / finish area from 9am. 21km Runners are allocated RED race bibs. 10km Runners are allocated BLUE race bibs. Your race bib has an attached timing chip. Timing is provided by TOMATO TIMING, and results will be available via the website www.tomatotiming.com.au, and www.trailology.com.au

LATE ENTRIES

Limited late entries will be available at the venue on RACE DAY, Please note the field is capped so we strongly advise entering before the day to avoid disappointment.

RACE RULES & PARTICIPANT EXPECTATIONS

- All competitors must produce their Government Vaccination Certificate, or government issued exemption, at race rego to run.
- All competitors must wear a race bib number and must be clearly visible at all times.
- Participants must only discard any litter including bottles, cups or rubbish at designated aid stations.
- Participants found not to have completed the entire course may be disqualified.
- It is expected that all participants run a fair race taking into consideration those other participants around them.
- If a participant decides to withdraw from the race at any time, it is the responsibility of the participant to report to the nearest aid station / course marshal. YOU MUST notify race officials that you have withdrawn so we know where participants are on the course at all times.
- Anyone caught deliberately littering will be disqualified and banned from future events. If you generate waste on the run, please carry it with you to the nearest aid station.

AID STATIONS

Aid Station 1 – SEAWINDS GARDENS @ 5km AND 17km

Aid Station 2 – WATERFALL GULLY RD @ approx 10km

Aid Station 3 – KINGS FALLS CIRCUIT @ approx 15km

ALL AID STATIONS WILL HAVE BEER, WATER, V FUEL ELECTROLYTE DRINK, BANANAS, ORANGES & ASSORTED LOLLIES

IMPORTANT – Reminder, this event is in a STATE PARK, and NO CUPS will be provided. You are required to carry your own water receptacle.



COURSE MARKINGS

Only follow the fluoro PINK ribbons and red arrows. There should be no other markings. Any turns will be obviously marked with these PINK ribbons or red arrows. The wrong way will be indicated with a red cross. The course will be checked immediately prior to the event, however we can not guarantee that there is no tampering from the general public who have access to the course.

COURSE CONTINGENCY

Trailology Running Events reserves the right to alter the course, start time and/or format without notice because of circumstances outside the control of the organiser and under the direction of sponsors, councils, police or other organisations that are associated with the event.

FIRST AID

First Aid will be available at all aid stations and the start / finish area. If you require first aid assistance, please attend the nearest check point, or request another runner to notify the nearest aid station with an approximate distance to your location. A mobile retrieval crew is available to liaise with Ambulance services as required.

RACE SAFETY & ETIQUETTE

Please take care of both yourselves and the other competitors on the course. If someone needs help, please stop and help them. You will be sharing these trails with hikers and walkers. Please make sure you move off the trail to allow these other users to pass by. When passing slower runners, please indicate that you'd like to pass by saying 'passing on your left (or right)' when overtaking.

We will be sharing the trails with the general public so please make sure you respect them when on course.

WITHDRAWING

Runners who leave the race without officially withdrawing pose a serious risk to the event safety and will trigger an immediate Search and Rescue response. The race reserves the right to pass on any costs associated with an unnecessary search effort if a runner has not bothered to withdraw before leaving the race.



WEATHER CONTINGENCY

The event will proceed in all weather conditions with the exception of severe fire danger in Arthurs Seat State Park, as directed by Parks Victoria. On direction of Parks Victoria and CFA, an alternate date will be set and transfer of entry will be arranged. Event management will consult with Main Ridge CFA and Parks Victoria for consolidation of fire danger evacuation plans.

PARKING

Onsite parking at The Pig & Whistle will be managed for Gold Coin donations. There is no on-street parking, so please be mindful and carpool if you can. Substantial parking space is available, but please car pool if you can and remember to thank your designated driver if you plan to have a beer!

TOILETS

Portable toilets will be located at the event start / finish area. On course, there is a public toilet block located at Seawinds Gardens (approximately 100m off course) which will be clearly signposted. This is at the 5km mark for both distances, and return 17km mark for the long course.

FINISHERS MEDALS

All competitors receive a medal after completing their race distance.

AWARDS & PRESENTATIONS

The top 3 finishers in each event (male and female) will receive a trophy and a prize. Presentations will be held at approximately 2.30pm. Please ensure you are present to collect as we will not post out prizes after the event.

Thanks to our sponsors: Inov-8, Mornington Peninsula Brewery , V Fuel and T-8

RACE PHOTOS

'Photos 4 Sale' will be on course to snap some ripper pics. An email will be sent out to all entrants when photos are ready. Please make sure your bib number is worn on your front and visible to make your photos easily identifiable.

<https://photos4sale.co.nz/>





FOOD

This year we will have a few food trucks along to feed you all. Your options will be toasties, Mexican and some Smoked Meats.

Card facilities are available.

LOST PROPERTY

Any personal items that are lost or misplaced, and handed in to race officials will be available for collection at the Registration tent on the day or email sharpysbeerrun@gmail.com. If lost property is not able to be collected, the cost to post will be at the participants' expense. Please note that the race organiser does not take responsibility for lost property.





PRESENTED BY



6KM + 13KM + 24KM

HEPBURN SPRINGS > DAYLESFORD > VICTORIA



SUNDAY

> 10TH APRIL 2022 <

FEEL THE RUSH AS YOU
STRIKE SINGLETRACK GOLD



WWW.GOLDRUSHRUN.NET



ENTER BY 15TH APRIL FOR A CHANCE TO WIN A PAIR OF
BROOKS TRAIL RUNNERS

WHERE THE
WILD THINGS RUN



43KM + 21KM
SOLO OR TEAM OF 2

18TH JUNE 2022



WWW.SURFCOASTTRAILMARATHON.COM





COVID SAFE PLAN

In order for SBR 2022 to go ahead, participants need to follow a few new rules to ensure the event is COVID safe.

IF YOU ARE UNWELL, DO NOT ATTEND THE EVENT

YOU MUST SHOW YOUR VACCINATION CERTIFICATE TO PARTICIPATE IN THIS EVENT AS PER STATE GOVERNMENT REQUIREMENTS

- If you have any of the symptoms that could potentially be COVID-relevant, please do not attend the event, including any of the following:
 - Fever, repeated coughing, conjunctivitis, difficulty breathing / shortness of breath, loss of speech or movement, runny nose, headache, muscle or joint pains, nausea, diarrhoea, vomiting, loss of sense of smell, altered sense of taste, loss of appetite and fatigue.
- If you present with any of these symptoms you will be requested to leave the event staging area and will not be allowed to participate
- DO NOT ATTEND if you are awaiting a COVID test result or a close household contact.
- Maintain physical distancing where possible
- Fitted face masks must be worn when physical distancing is not possible
- Fitted face masks must be inside any medical tents
- Buffs/Thirs are not considered fitted face masks and are not acceptable.
- No spitting, "bush hankys" or general expelling of bodily fluids (yuck)



AID STATIONS

- Please move in and out of checkpoints quickly
- Most food will be individually wrapped to help stop cross-contamination
- Ask the aid station volunteers for whatever you need and it will be given to you
- Be mindful that this may cause a small delay- be patient.
- Hand sanitiser will be available at aid stations and event hub and must be used

MEDICAL TENTS

- Medical support is provided by Endurance Medical Services
- Fitted face masks must be worn at all times when seeking medical support
- Please wait outside until your heart rate and breathing has slowed to a more normal level before approaching medical staff for assistance

SPECTATORS

- Spectators are welcome however they are required to check in with the Victorian government tracking app. Posters will be displayed at the event hub and volunteers will also have copies of the QR code that must be scanned.
- Spectators are not to approach aid stations
- Spectators must comply with all COVID precautions outlined in this handbook and as required by the Victorian government.



CHECK-IN
NOW



Sharpy's Beer Run
365 Purves Rd MAIN RIDGE
Sharpy's Beer Run



Location code 9M9 8Z3



Hold your phone to
scan the code



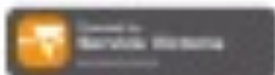
Select your favourite
and place an order



Look for the QR
code on the other side

OR DOWNLOAD

Download the Service Victoria app or visit go.vic.gov/download to
open the app and enter **9M9 8Z3**



Service Victoria is the Victorian Government's digital service delivery platform.
It will only be used where it is essential for government services and where it is
the most effective way to deliver services. Your details will be used for statistical purposes
only where it is the most effective way to deliver services.





Australian Government

BE COVIDSAFE

COVID-19: IDENTIFYING THE SYMPTOMS

SYMPTOMS	COVID-19	COLD	FLU	ALLERGIES*
	Symptoms range from mild to severe	Gradual onset of symptoms	Abrupt onset of symptoms	May be abrupt or gradual onset of symptoms
Fever 	Common	Rare	Common	No
Cough 	Common	Common	Common	Common (asthma)
Sore Throat 	Sometimes	Common	Sometimes	Sometimes (itchy throat and palate)
Shortness of Breath 	Sometimes	No	No	Common (asthma)
Fatigue 	Sometimes	Sometimes	Common	Sometimes
Aches & Pains 	Sometimes	No	Common	No
Headaches 	Sometimes	Common	Common	Sometimes
Runny or Stuffy Nose 	Sometimes	Common	Sometimes	Common
Diarrhoea 	Rare	No	Sometimes, especially for children	No
Sneezing 	No	Common	No	Common

Adapted from material produced by WHO, Centers for Disease Control and Prevention and the American Academy of Allergy, Asthma and Immunology. *Respiratory allergies include allergic rhinitis (hay fever), and allergic asthma. Other common symptoms of hay fever include itchy nose and itchy, watery eyes.

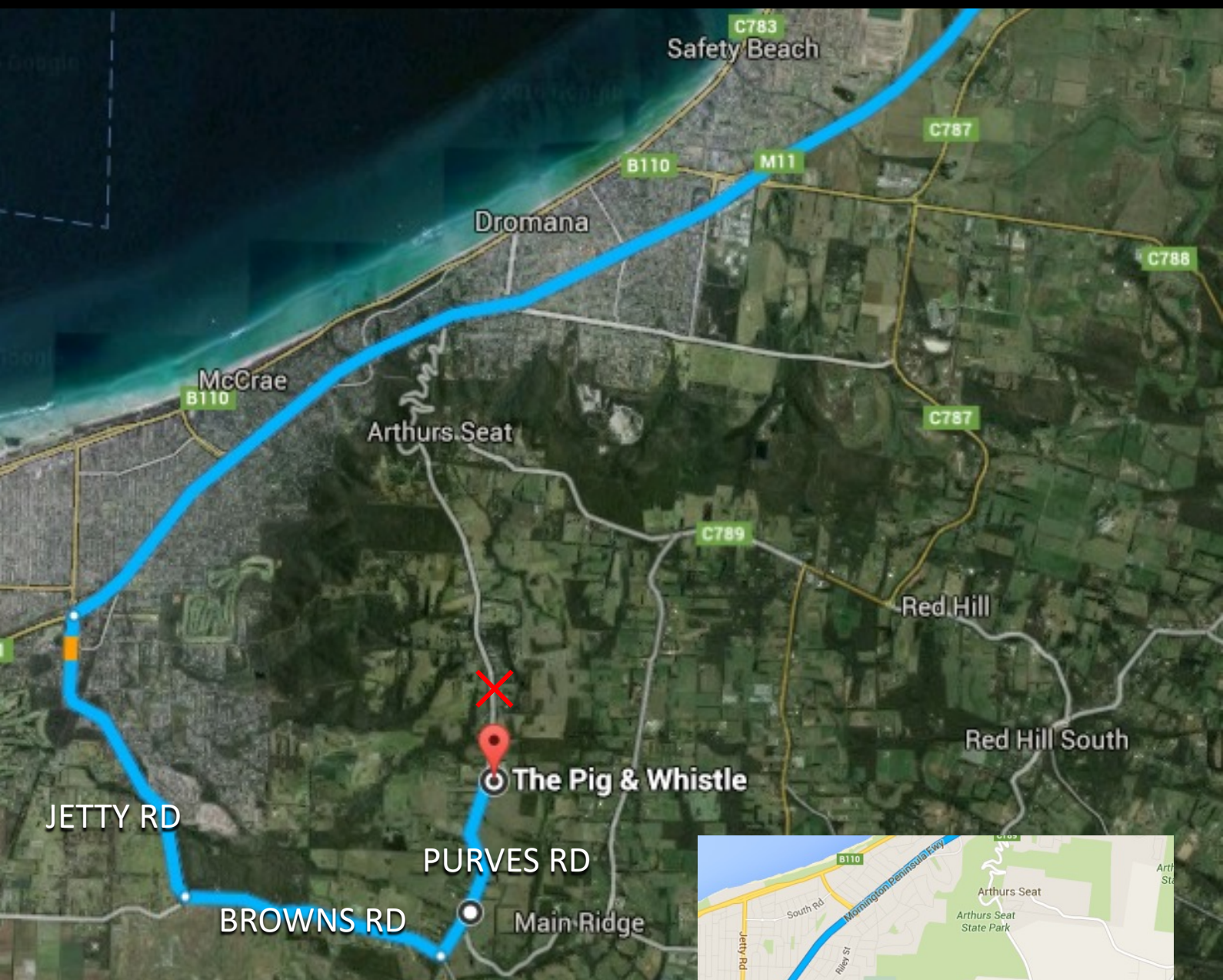
It is very difficult to distinguish between the symptoms of COVID-19, influenza and a cold. If you have any infectious or respiratory symptoms (such as a sore throat, headache, fever, shortness of breath, muscle aches, cough or runny nose) don't go to work. You need to self-isolate and to be assessed by a medical professional. You may need testing for COVID-19. You must not return to work until cleared by a medical professional. You need to ensure that the people you care for are protected and safe. People who have respiratory allergy symptoms such as allergic rhinitis (hay fever) and allergic asthma should stay home and get tested for COVID-19 at the onset of their symptoms and if they experience symptoms that are unexpected, seem different or worse than usual, or do not respond to their usual medication.

For more information about **Coronavirus(COVID-19)** visit health.gov.au

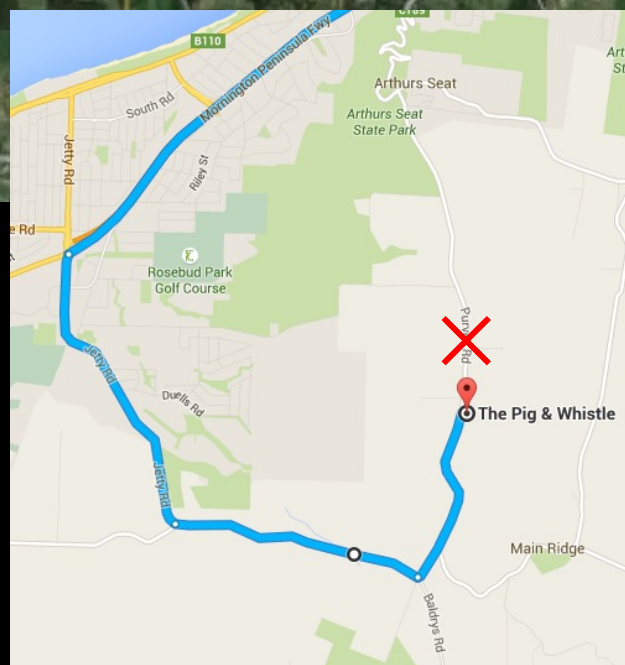
IMPORTANT NOTICE TO ALL ENTRANTS

Please travel to the venue via the suggested route in this map, avoiding Arthurs Seat Rd. Traffic Control will be in place on PURVES Rd from 10.30am to 2.30pm for the 21km event, which will cause delays.

EXIT the M11 (Mornington Peninsula Fwy) onto Jetty Rd, then onto BROWNS Rd, and enter PURVES Rd from this direction.



PARKING is available on-site at the venue, and will be co-ordinated by the PORT PHILLIP 4WD CLUB.





✗ AID STATION

10km





✗ AID STATION

21km





SURF COAST EVENTS PRESENTS

5KM 13KM 21KM

Black Diamond

AFTERGLOW

19TH NIGHT TRAIL RUN

NOVEMBER 2022

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CONTEST ZONE

SPONSORS: Gilmer Gear, active feet, Torquay Sports Medicine Centre, Torquay Foreshore, HAPPY RUNNERS, T8, MCR, tailwind, BROOKS, Black Diamond

COAST to COAST

PUB to PUB

B&B Trail Run Tour

10 DAYS - 320KM

LAKE DISTRICT
YORKSHIRE DALES
NORTH YORK MOORS
ENGLAND, UK

Wainwright THE GOLDEN BEER

9 - 21 AUGUST 2022

CONFIRMED

MORE DETAILS OR TO BOOK: CHRIS@TOURDETRAILS.COM // 0430 376 621 WWW.TOURDETRAILS.COM



T8

